

Randy Jacobs, MD, FAAD



Welcome!

Hello, and welcome to the dermatology office of **Randy Jacobs, MD, FAAD**. Some people are blessed with the most beautiful skin, and it's all natural. Others have to work at it. Healthy skin is lovely to behold, comfortable to live in, and a pleasure to touch. Like a watered garden healthy skin is moisturized, protected, & healed from the damaging effects of sun, weather, aging, wear, tear, and life. This blessing of healthy skin is our sincerest wish for you. So, if your skin cries out for help, then you need our skills for healing, our art for beauty, and our love for caring. With time, patience, and the right doctor to guide you, this blessing can be yours.



Fellow
American Academy of Dermatology
Excellence in Dermatology™

What is a True Dermatologist?

When the exposures of life overwhelm you and time takes its toll, your skin will need help. Who do you call if you have a skin problem? You should visit a true dermatologist. The difference is in the education. A board certified dermatologist is a residency trained medical specialist, educated to understand your skin from the inside out. A true dermatologist has focused three or more years of residency education devoted specifically to the care of human skin in health and disease.

Dr. Jacobs is a board certified clinical dermatologist with special expertise in skin cancer prevention and skin cancer treatment, acne care, complexion care, and care for people suffering with itchy dry sensitive skin barrier conditions.

Dr. Jacobs was born in Long Beach, California. After Long Beach Woodrow Wilson High School he completed six years of pre-med studies and graduated from Loma Linda University with a BS in General Biology and a Theology Minor. Afterwards, he completed four years of Medical Schooling at the LAC-USC MC University of Southern California School of Medicine, graduating with an MD and after, did six years of specialty residency training at Loma Linda University Medical Center. Dr. Jacobs six years included two internship years, one in Internal Medicine and one in Pediatrics, plus, **four** years of post-graduate education in Dermatology. Thus, Dr Jacobs is experienced in caring for patients of all ages from Pediatric age to Geriatric age & everyone in between.

As a graduate of LLU, Dr. Jacobs abides by **Loma Linda's healthcare mission to be God's healing hands for all of our patients and to continue the teaching and healing ministry of Jesus Christ.**

On a personal note, Dr. Jacobs is of Mexican and English descent, speaks Spanish & English, is a musician singer-song writer, loves dogs, & is a husband, a dad of 4, and a Proud Navy Parent.

OUR SERVICES INCLUDE...

- ✓ Skin Cancer Prevention & Treatment
- ✓ Cryo, Electro, & Mohs Micro Surgery
- ✓ Sun-Damaged, Pre-Cancerous Care
- ✓ Mole, Wart, & Skin Growth Removal
- ✓ Acne, Rosacea, & Complexion Care
- ✓ Dry-Sensitive Skin Care & Hand Care
- ✓ Laser Care for Acne, Scars, & Wrinkles
- ✓ Facial Peels, Botox, Juvederm Care

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Caution: Do not send any patient related information to this email that you consider to be private. Also, this email address is not for urgent requests or emergencies.

website- RandyJacobsMD.com

For emergencies please go to ER or call 911.

IS IT A MELANOMA?

Melanoma skin cancer includes melanoma in situ and malignant melanoma, and can develop from a "dysplastic" mole. Melanoma skin cancer can be the deadliest, but is often preventable.



ASK THE ABCD'S.

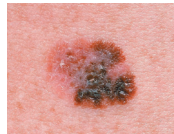
Actual photos of melanoma.

Is the left half different from the right half?



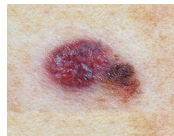
A
ASYMMETRY

Does border have uneven jagged edges?



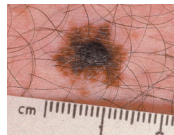
B
BORDER

Are there two or more colors?



C
COLOR

Is the diameter greater, larger than six mm?



D
DIAMETER

SIGNS & SYMPTOMS

- ❶ Is there a family history of melanoma?
- ❷ Do family members have many moles?
- ❸ Ever sunburned or used a tanning bed?
- ❹ Do any spots show signs or symptoms?

✓ Bleeding? ✓ Itching? ✓ Scaling?
✓ Growing? ✓ Changing color?

**TWO ABCD'S POSITIVE
OUT OF FIVE MAY BE A SIGN
YOUR MOLE NEEDS A BIOPSY.**



DOCTOR, IS IT SKIN CANCER?



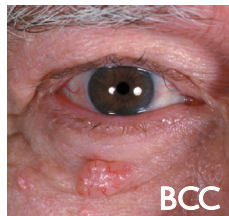
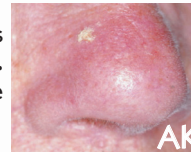
This is an important question, especially if you have fair skin and have tanned or sunburned. Skin cancer is the number one cancer in humans, far exceeding the total of all other cancers. With a diminishing ozone, one in six Americans will get skin cancer in his or her lifetime.

"Doctor, I haven't been in the sun for 30 years!" The fact is, skin cancer may not appear until 10, 20, 30, or 40 years after a sunburn. How can you tell if you have skin cancer? Skin cancer usually begins as a small non-healing spot on the skin. The spot does not hurt, but may itch or bleed. Many do not see a doctor until pain or bleeding occurs, or until the spot has grown into a larger tumor. A simple way to understand skin cancer is to categorize it as either ❶ Non-melanoma skin cancer or ❷ Melanoma skin cancer.

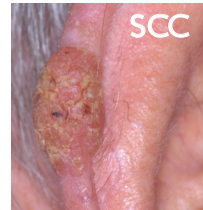
IS IT AK, BCC, OR SCC?

Non-melanoma skin cancers usually grow from precancers on sun exposed sunburned skin, and can form Basal Cell Carcinoma (BCC) and Squamous Cell Carcinoma (SCC).

AK: Actinic Keratoses are precancerous scales that grow on sun damaged skin. If left untreated, AKs can become more aggressive BCC or SCC skin cancers.



BCC is a low-grade cancer that can cause severe facial disfigurement or loss of an eye, nose, or ear if not treated. SCC is a skin cancer that can spread to your lymph nodes if not treated. A simple ounce of prevention is worth a pound of cure.



ARE YOU AT RISK?

Are you at risk for skin cancer? Should you be concerned? Finding out is easy to do. Here are six easy questions to ask and see if you are at risk for skin cancer.

- ❶ Do you have a persistent non-healing sore on your skin?
- ❷ Do any of your relatives have a history of skin cancer?
- ❸ Have any of your moles changed in color, shape, size?
- ❹ Are your eyes blue, green, hazel?
- ❺ Is your skin fair or light in color?
- ❻ Have you ever been sunburned?

If you answered "yes" to any, you are at risk and must get checked!



DERMATOLOGY

Randy Jacobs, MD

The skill for healing,
the art for beauty,
& the love for caring.



www.RANDYJACOBSMD.com

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